

BJJ Blueprint

POSITION	ATTACK	TRANSITION	ESCAPE
MOUNT			
SIDE CONTROL			
SWITCHBASE SIDE CONTROL			
HEADLOCK CONTROL			
KNEERIDE			
NORTH-SOUTH			
SIDE-MOUNT			

BJJ Blueprint

POSITION	ATTACK	TRANSITION	ESCAPE
HOOKS-IN BACK CONTROL			
SIDE BACK CONTROL			
REAR BACK CONTROL			
HEAD TO HEAD			
1/2 GUARD			
HOOKS GUARD			
CLOSED GUARD			